

University of Arkansas - Fort Smith
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General Syllabus

CNA 1006 Nursing Assistant

Credit Hours: 6 Lecture Hours: 4 Laboratory or other types of Hours: 4

Prerequisite(s): N/A

Prerequisite(s) or Corequisite(s): N/A

Corequisite(s): N/A

Effective Catalog: 2018-19

I. Course Information

A. Catalog Description:

The nurse assistant's role will be explored in theory and practice with emphasis on skill proficiency, respecting client's rights, and therapeutic communication between nurse assistant and client and between nurse assistant and other healthcare providers.

B. Additional Information:

Through didactic and clinical instruction, the nursing assistant student who satisfactorily completes the course will receive a competency-based certificate allowing them to write the state CNA certification written and practical exams.

II. Student Learning Outcomes

A. Subject Matter

Upon successful completion of this course, the student will be able to:

1. Perform uncomplicated nursing procedures and to assist licensed practical nurses or registered nurses in direct client care.
2. Form a relationship, communicate and interact competently on a one-to-one basis with the clients as part of the team implementing client objectives.
3. Demonstrate sensitivity to client's emotional, social, and mental health needs through skillful, directed interactions.
4. Assist clients in attaining and maintaining functional independence.
5. Exhibit behavior in support and promotion of client's rights.
6. Demonstrate observational and documented skills needed in support of the assessment of clients' health, physical condition and well-being.

B. University Learning Outcomes

This course enhances student abilities in the following areas:

Analytical Skills

Critical Thinking Skills: Students will identify problems/issues and develop solutions/analysis.

Quantitative Reasoning: Students will assign and use numbers, read and analyze data, create models, draw inferences, and support conclusions based on sound mathematical reasoning.

Communication Skills (written and oral): Students will communicate proficiently.

Ethical Decision Making: Students will model ethical decision-making processes.

Global & Cultural Perspectives: Students will reflect upon cultural differences and their implications for interacting with people from cultures other than their own.

III. Major Course Topics

- A. Introduction to Health Care Agencies
- B. Work Ethics
- C. Basic Emergency Care
- D. Preventing Infections
- E. Bed Making
- F. Communicating with the Health Team
- G. Body Structure and Function
- H. Nutrition and Fluids
- I. Safety and Preventing Falls
- J. Measuring Blood Fluids
- K. Medical Math
- L. Collecting and Measuring Vital Signs
- M. Rehabilitation and Restoration
- N. Common Health Problems
- O. Mental Health Problems
- P. Developmental Disabilities