

University of Arkansas - Fort Smith
College of Health, Education, and Human Sciences
Allied Health
5210 Grand Avenue, Fort Smith, AR 72913

General Syllabus

HLTH 1004 Introduction to Health Occupations

Credit Hours: 4 Lecture Hours: 2 Laboratory hours: 4

Prerequisite: Admission to WATC

Prerequisite or Corequisite: None

Corequisite: None

Effective Catalog: Fall 2024

I. Course Information

A. Catalog Description:

Basic information and skills needed for a career in the healthcare field. Emphasis on the development of competencies related to student organizations, medical history and events, healthcare systems, healthcare careers, qualities of a successful healthcare worker, medical ethics and legal responsibilities, and nutrition and health. A wide range of health-related topics and health-care opportunities are analyzed in a classroom setting through research, participation in lecture/discussions, and presentations by community healthcare professionals. Basic Life Support (BLS) as a healthcare provider is offered.

II. Student Learning Outcomes

A. Subject Matter:

Upon completion of this course, the student will be able to:

1. Discuss the origin of health care and institutions from ancient Greek/Roman times through the 19th century.
2. Discuss the purpose of organizational structures for health care and health care facilities.
3. Identify necessary qualities of a health care worker.
4. Demonstrate effective, diverse, and therapeutic communication and listening skills.
5. Understand and use self-management skills, interpersonal skills, and emotional skills.
6. Discuss legal & ethics in the health care profession.
7. Demonstrate competent use of personal protective equipment (PPE) and competent handwashing technique.

8. Recognizes signs and symptoms of sudden illness and demonstrates correct basic lifesaving technique of cardiopulmonary resuscitation (CPR) and use of an automated external defibrillator (AED) across the life span.
9. Identify a health career most suited to their individual goals.

B. University Learning Outcomes:

This course enhances student abilities in the following areas:

Analytical Skills

Critical Thinking Skills

Students will identify and analyze interpersonal situations and develop solutions.

Communication Skills (written and oral)

Students will communicate effectively and compose coherent documents with appropriate use of Medical Terminology and therapeutic communication skills.

Ethical Decision-Making

Students will be able to recognize ethical dilemmas in a health care atmosphere and practice decision making in an ethical situation through case studies.

Global and Cultural Perspectives

Students will reflect upon cultural differences and their implications for interacting with people from cultures other than their own.

III. Major Course Topics:

- A. History of Health Care
- B. U. S. Healthcare Systems
- C. Qualities of Successful Healthcare Worker
- D. Communication Skills
- E. Culture of Health Care Occupations
- F. How to acquire and keep a job in the health professions
- G. Legal/Ethical Responsibilities
- H. Infection Control
- I. Knowledge and psychomotor skills of Basic Life Support (BLS) for Adults, Children, and Infants Requiring CPR
- J. Careers in Health Care