

**University of Arkansas - Fort Smith**  
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## **General Syllabus**

### **NURS 3337 Nursing Care of the Adult I**

Credit Hours: 7

Lecture Hours: 3

Laboratory Hours: 12

Prerequisites: NURS 3227 Foundations of Nursing Care and PHAR 3203 General Pharmacology

Corequisite: NURS 3236 Nursing Care of Women and Children (BSN Accelerated only)

Effective Catalog: 2018-2019

#### **I. Course Information**

##### **A. Catalog Description**

Provides an overview of the physiological, psychosocial, cultural and developmental health issues with focus on priority nursing diagnoses in the adult and geriatric population.

##### **B. Additional Information**

Emphasis is placed on clinical decision making for adult clients in the medical-surgical setting who are experiencing health problems related to fluid and electrolyte imbalance, infection and human immunodeficiency infection, perioperative care gas exchange and respiratory disorder, hypertensive disorders, breast disease, digestive and gastrointestinal disorders, obesity, and integumentary disorders.

#### **II. Student Learning Outcomes**

##### **A. Subject Matter**

Upon completion of this course, the student will:

1. Integrate **critical thinking** while addressing the physiological, psychological, cultural and developmental health issues of the adult population.
2. Apply current **research** findings into health issues of the adult population.
3. Use effective **communication** skills when integrating with adult clients and their health issues.

4. Utilize the concepts of **leadership and management** to organize, establish, coordinate, and manage health care issues of the adult population.
5. Integrate **health promotion** activities in the nursing care of the adult population.
6. Emulate the **professional role of the nurse** in interacting and advocating for the adult population.

## **B. University Learning Outcomes**

This course enhances student abilities in the following areas:

### **Analytical Skills**

**Critical Thinking Skills:** Students will use critical thinking skills to identify problems/issues and develop solutions/ analysis

**Quantitative Reasoning:** Students will apply appropriate mathematical models to solve problems.

### **Communication Skills (written and oral)**

Students will communicate proficiently.

### **Ethical Decision Making**

Students will model ethical-decision making processes.

### **Global and Cultural Perspectives**

Students will demonstrate understanding or application of their discipline in a global environment.

## **III. Major Course Topics**

- A. Perioperative Care
- B. Fluids, Electrolytes, and Acid Base
- C. Infection and Human Immunodeficiency Infection
- D. Upper Respiratory
- E. Lower Respiratory
- F. Obstructive Lung Diseases
- G. Hypertension
- H. Breast Disorders
- I. Upper GI
- J. Lower GI
- K. Integumentary
- L. Obesity
- M. Visual and Auditory Problems