

University of Arkansas - Fort Smith
5210 Grand Avenue
P. O. Box 3649
Fort Smith, AR 72913-3649
479-788-7000

General Syllabus

NURS 4458 Psychiatric and Community Health Nursing

Credit Hours: 8

Lecture Hours: 4

Laboratory Hours: 12

Prerequisite: NURS 434C Nursing Care of the Adult II

Prerequisites or Corequisites: NURS 4355 Nursing Care of the Critically Ill Adult and NURS 4364 Leadership in Professional Nursing

Effective Catalog: 2018-2019

I. Course Information

A. Catalog Description

Theoretical basis of psychiatric and community health nursing is the focus of the course. Students explore the role of the nurse in the community, in the care of aggregates, and populations at risk. Principles of individual, group and family behaviors will facilitate the study of common psychiatric disorders and their treatment.

B. Additional Information

This course provides a model of nursing service delivery in which “health care” is provided through community diagnosis, health surveillance, and preventive care. Ways to identify major health and environmental problems and to monitor the health status of communities and populations are identified. The goal of creating conditions in which people can be healthy is stressed. Ethical issues that may arise in providing community nursing care are also addressed.

II. Student Learning Outcomes

A. Subject Matter

Upon completion of this course, the student will:

1. Utilize **critical thinking** in addressing the care of the client with a psychiatric/mental health disorder and the client in the community.
2. Integrate the use of nursing **research** in the care of the client with a psychiatric/mental health disorder and the client in the community.

3. Engage in various forms of **communication** to address care of the client with a psychiatric/ mental health disorder and the client in the community.
4. Analyze **leadership and management** theories while applying the nursing process to address care of the client with a psychiatric/mental health disorder and the client in the community.
5. Incorporate **health promotion** in the nursing care of the client with a psychiatric/mental health disorder and the client in the community.
6. Promote the **role of professional nurse** while caring for the client with a psychiatric/mental health disorder and the client in the community.

B. University Learning Outcomes

This course enhances student abilities in the following areas:

Analytical Skills

Critical Thinking Skills: Students will apply knowledge from sciences and evidence-based research to analyze and problem-solve care delivery with various populations.

Communication Skills (written and oral)

Students will communicate proficiently in a clear, concise manner using interpersonal, written, and technological strategies.

Ethics Decision Making

Students will identify ethical dilemmas and utilize ethical principles and resources for the decision-making process with various populations.

Global and Cultural Perspectives

Students will explore and demonstrate an understanding of morals, values, and healthcare among various cultures and vulnerable populations.

III. Major Course Topics

Psychiatric/Mental Health

- A. Foundations in Theory
- B. Foundations for Practice
- C. Psychosocial Nursing Tools
- D. Psychobiological Disorders
- E. Trauma Interventions (Child, Older Adult, Intimate Partner Violence)
- F. Interventions for Special Populations

Community

- A. Introduction to Population-Centered Nursing
- B. Environmental Health, Epidemiology, and Evidence-Based Practice
- C. Community Assessment and Disaster Management
- D. Communicable and Infectious Diseases

- E. Vulnerability and Vulnerable Populations
- F. Nursing Roles in the Community