

**University of Arkansas – Fort Smith**  
**5210 Grand Avenue**  
**PO Box 3649**  
**Fort Smith, AR 72913**  
**479-788-7000**

### **General Syllabus**

#### **NURS 3225 Nursing Fundamentals**

Credit Hours: 5                      Lecture Hours: 3                      Laboratory or other types of Hours: 5

Prerequisite(s): Admission to BSN program

Prerequisite(s) or corequisite(s): NURS 3165 Health Assessment; PHAR 3203 Nursing Pharmacology and NURS 2202 Nursing Math

Effective Catalog: 2023-2024

#### **I. Course Information**

##### **A. Catalog Description:**

Students develop and apply basic, intermediate, and advanced nursing skills during 30 campus lab hours with demonstration, practice, simulation, with clinical practice examinations. Students are introduced to nursing diagnoses, with emphasis on major nursing concepts and fundamental skills; application is accomplished during 45 hours in a clinical setting. The course provides 75 total campus lab/clinical hours.

##### **B. Additional Course Description:**

The course will be presented utilizing multiple teaching/learning strategies.

#### **II. Student Learning Outcomes**

##### **A. Subject Matter:**

Upon successful completion of this course, the student will be able to:

1. Use critical thinking skills to plan, implement and evaluate client care.
2. Apply research and evidence-based practice guidelines to nursing practice.
3. Utilize effective communication as an essential nursing skill.
4. Utilize the concepts of leadership and management to organize, establish, coordinate, and manage health care issues of the adult population.
5. Integrate health promotion activities in the nursing care of the adult population.
6. Model the role of the professional nurse in relation to other members of the health care team.

##### **B. University Learning Outcomes:**

This course enhances student abilities in the following areas:

**Analytical Skills****Critical Thinking Skills**

Students will identify problems/issues and develop solutions/analysis.

**Communication Skills (written and oral)**

Students will communicate proficiently.

**Ethical Decision Making**

Students will model ethical decision-making processes in nursing and health care related settings.

**Global and Cultural Perspectives**

Students will reflect upon cultural differences and their implications for interacting with people from cultures other than their own.

**III. Major Course Topics**

- A. Asepsis & Infection Control
- B. Safety, Security, & Emergency Preparedness
- C. Urinary Elimination
- D. Skin Integrity and Wound Care
- E. Bowel Elimination
- F. Nutrition
- G. Oxygenation
- H. Medication Administration
- I. Fluid and Electrolytes/IV
- J. Nursing and the Health Care Environment
- K. Caring throughout the Life Span
- L. Critical Thinking in Nursing Practice
- M. Professional Standards in Nursing Practice
- N. Foundations for Nursing Practice
- O. Psychosocial Basis for Nursing Practice
- P. Physiological Basis for Nursing Practice
- Q. Child & Adult Maltreatment