

**University of Arkansas – Fort Smith**  
**5210 Grand Avenue**  
**PO Box 3649**  
**Fort Smith, AR 72913**  
**479-788-7000**

## **General Syllabus**

### **NURS 3336 Nursing Care of the Adult I**

Credit Hours: 6                      Lecture Hours: 4                      Laboratory or other types of Hours: 6

Prerequisite(s): NURS 3225 Nursing Fundamentals, PHAR 3203 Nursing Pharmacology, and admission to BSN program

Prerequisite(s) or corequisite(s): NURS 3244 Nursing Care of Children

Effective Catalog: 2023-2024

#### **I. Course Information**

##### **A. Catalog Description:**

Provides an overview of the physiological, psychosocial, cultural, and developmental health issues with focus on priority nursing diagnoses in the adult and geriatric population. This course includes 90 hours in the clinical setting.

##### **B. Additional Course Description:**

Emphasis is placed on clinical decision making for adult clients in the medical-surgical setting who are experiencing health problems related to fluid and electrolyte imbalance, infection and human immunodeficiency infection, perioperative care gas exchange and respiratory disorder, hypertensive disorders, breast disease, digestive and gastrointestinal disorders, obesity, and integumentary disorders.

#### **II. Student Learning Outcomes**

##### **A. Subject Matter:**

Upon successful completion of this course, the student will be able to:

1. Utilize critical thinking while addressing the physiological, psychological, cultural, and developmental health issues of the adult population.
2. Apply current research findings into health issues of the adult population.
3. Use effective communication skills when integrating with adult clients and their health issues.
4. Utilize the concepts of leadership and management to organize, establish, coordinate, and manage health care issues of the adult population.
5. Integrate health promotion activities in the nursing care of the adult population.
6. Emulate the professional role of the nurse in interacting and advocating for

the adult population.

**B. University Learning Outcomes:**

This course enhances student abilities in the following areas:

**Analytical Skills**

**Critical Thinking**

Students will identify problems/issues and develop solutions/ analysis.

**Communication Skills (written and oral)**

Students will communicate proficiently.

**Ethical Decision Making**

Students will model ethical decision-making processes in nursing and health care related settings.

**Global and Cultural Perspectives**

Students will demonstrate understanding or application of their discipline in a global environment.

**III. Major Course Topics**

- A. Perioperative Care
- B. Fluids, Electrolytes, and Acid Base
- C. Infection and Human Immunodeficiency Infection
- D. Upper Respiratory
- E. Lower Respiratory
- F. Obstructive Lung Diseases
- G. Hypertension
- H. Breast Disorders
- I. Upper GI
- J. Lower GI
- K. Integumentary
- L. Obesity
- M. Visual and Auditory Problems