

University of Arkansas – Fort Smith
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General Syllabus

PHYE 1502 Sports Fundamentals

Credit Hours: 2

Lecture Hours: 2

Prerequisite: None

Effective Catalog: 2019-2020

I. Course Information

A. Catalog Description

Basic techniques, materials, teaching aids, and rules of football and basketball are discussed in this course.

B. Additional Information

This course is designed to acquaint students with the basic fundamentals and administration and organization of the games. It is designed for the student pursuing a coaching career, but also for those who have an interest in learning the fundamentals of the sports from the spectator's view.

II. Student Learning Outcomes

A. Subject Matter

Upon successful completion of this course, the student will be able to:

1. Explain the basic fundamentals of the sports.
2. Teach basic fundamentals.
3. Reflect on all aspects of the games, including the organization, administration, and public relations required.
4. Appreciate skillful play as the future coach and also as a spectator.

B. University Learning Outcomes

This course enhances student abilities in the following areas:

Analytical Skills

Critical Thinking Skills

Students will apply concepts learned to problems arising in this field of study. Evaluation and analysis of coaching theory and techniques are emphasized.

Communication Skills (Written and Oral)

Students will write and convey orally information concerning the fundamentals of the sport, coaching techniques, and other aspects related to the field.

III. Major Course Topics

- A.** Fundamentals of Basketball
- B.** Fundamentals of Football
- C.** Sports administration and organization of the sports
- D.** Coaching techniques