

How to Use Tutoring for Improving Academic Performance

ASC Tutors are specialists who ask relevant subject matter questions to assist students with acquiring the skills that they need to improve learning. Students will become aware of thought processes that allow them to understand how to acquire knowledge and improve academic performance.

Before appointment:

- Attend lectures or view online videos
- Read assigned course material
- Attempt to complete assignments
- Review your work and reflect on areas you do not understand
- Write down specific questions

At the beginning of the appointment:

- Clearly state what you need help with
- Bring up all the concepts and/or processes you would like to discuss
- Decide what is most important and how you will manage your time during the session

During appointment:

- Remain actively engaged and avoid using phones or discussing personal issues
- Refer to course materials, handouts, eTextbook, etc.
- Take notes throughout the session

At the end of the appointment:

- Summarize what you discussed and learned with the tutor
- Ask tutor for their opinion on what your next steps should be
- Ask remaining questions if time allows
- Thank the tutor for their time

After appointment:

- Apply the information to your assignment while it is fresh on your mind
- Reflect on what you learned during the tutoring session
- Write down any questions you may still have
- If you have additional questions, set up another tutoring appointment or seek help from your instructor
- If you found the tutoring appointment helpful, set up recurring appointments