

The Five-Day Study Plan

Study Strategies

How to process material	How to review material
• Read textbook and take notes • Keep a vocabulary glossary • Make flashcards of topics as you read the textbook • Create and take a practice test • Create a timeline, concept map, or diagram • Do practice problems from the book for math • Create a study guide	• Braindump what you remember from the text and check for what's missing • Quiz yourself on vocabulary • Review flashcards by placing them into Yes, No, and Maybe piles • Review practice tests by focusing on topics you missed • Re-create a timeline, concept map, or diagram from memory • Answer end of chapter questions from the textbook • Have a partner quiz you with the study guide

Example Study Plan:

Earth Science- Chapters 6 and 7

Day	What: What topics or chapters are you focusing on?	How (1-3 hours): How will you process material?	Review (30-45 minutes): How will you review material?
Sunday	• Ch 6.1-6.7 (Glaciers)	• Read chapter and take notes using a reading summary graphic organizer • Record new vocabulary with flashcards	
Monday	• Ch 6.8-6.11 (Deserts and Wind) • Ch.7.1-7.4 (History and Theory of Plate Tectonics)	• Read chapter and take notes using a reading summary graphic organizer • Record new vocabulary with flashcards	• Ch 6.1-6.7 ◦ Vocab Flashcards ◦ Concept Check • Questions in textbook
Tuesday	• Ch.7.5-7.11 (Types of plates and how they work)	• Read chapter and take notes using a reading summary graphic organizer • Record new vocabulary with flashcards	• All of Ch.6 ◦ Vocab Flashcards and table of land feature characteristics • Ch. 6.8-6.11, Ch 7.1-7.4 ◦ Concept check
Wednesday	• All of Ch. 6	• Braindump each for Glaciers, Deserts, and Winds ◦ Compare it against notes • Create and take a practice test	• Ch 7.1-7.11 ◦ Vocab Flashcards • Ch 7.5-7.11 ◦ Concept checks
Thursday	• All of Ch. 7	• Concept map of Tectonic Plate Types • Do the end of chapter questions	• Ch. 6 & 7 ◦ Teach Vocab to friend • Review Ch.6 practice test

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Class:

Exam Date:

Day	What	How	Review

Adapted from The Learning Strategies Center at Cornell University

Reminders

- The last day of study should be the day before the exam
- Plan to spend a minimum of two hours studying, each day, over the next five days
- Break the material into 4 to 6 chunks or topics (Ex: chapters, lectures, headings)