

### **College of Arts and Sciences Advising Center Newsletter**

"Advising: Our Passion. Your Success: Our Reward."

#### **April 2025**

#### Lions,

Registration for fall 2025 has begun, the end of the semester draws near. Oh my! It does not feel real to us that we are already registering for another fall semester and entering the final stretch of the spring term. We hope your preparation for the end of the semester is going well. If you need assistance registering for the fall semester or wrapping up this one, please don't hesitate to reach out! We're more than happy to assist!

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-Eden, Journi, and Justin

# Are You Ready for Registration?

Hopefully, by now, you've been able to meet with your advisor and selected classes for the fall 2025 semester. Up Next: Registration! What's the difference between advising and registration? Advising is when you meet with your advisor to choose courses. Registration is when you actually enroll in the courses and they're added to your academic record. Check out our tips below for a smooth registration process!



#### **Know Your Registration Date/Time**

This date/time should have been given to you in your advising appointment. If you've misplaced it, you can find it in your Workday Academics Hub under **Registration Appointments** or by contacting your advisor.



#### Utilize Your Academic Plan or Saved Schedule

When you met with your advisor, you selected courses and created an Academic Plan with courses to register in for fall 2025. You and/or your advisor may have also created a saved schedule with specific course sections. Both tools can be found in your **Academics Hub**, under **Planning and Registration** on the left-hand menu.



#### Contact Your College Advisor If You Run Into Issues Registering

If you run into issues registering, don't panic! It happens! Take a screenshot of the error you're receiving and send it to your college advisor so they can troubleshoot with you.

### Interested in Taking Summer Classes?

Meet with your advisor and register for summer classes by **May 1** to get an automatic **\$100 per credit hour** scholarship! This scholarship will <u>automatically</u> be applied to accounts for all degree-seeking students!

Available summer classes can be found at <u>uafs.edu/registration</u>. It's imperative that you speak with your advisor about how these classes can potentially speed up your degree plan or help you get back on track!

#### To qualify for the scholarship, you must:

- Be a current degree-seeking student at UAFS (not concurrent high school enrolled)
- Have a GPA of 2.0 or higher
- Register for summer classes by May 1

**Note**: You may also qualify for summer Pell Grant funds—even if you received Pell during the fall or spring. You must have a 2024–2025 FAFSA on file and meet federal eligibility (Review summer Pell Grant requirements here.) These scholarship funds will be awarded in order of registration and are based on availability, so register now! If you have **additional questions, contact your advisor or the UAFS Financial Aid** office at **finaid@uafs.edu**.

# The End is in Sight! - Mastering Success as the Semester Draws to a Close

We have reached the final weeks of the semester, and it is an important time for students to take hold of their progress and prepare for finals. As the semester progresses, it can be easy to feel both thrilled and overwhelmed. The following strategies may help you stay motivated and organized to finish the semester strong.

#### Here are some strategies to finish the semester strong:

#### 1. Set Clear Goals for the Remainder of the Semester

• Establish specific and achievable goals for the rest of the semester. Whether that is improving grades, improving study habits, or completing assignments.

#### 2. Create a Consistent Study Schedule

• Break down your tasks into manageable chunks and set aside time everyday to complete them. Use a digital or physical planner to stay on top of assignments and exams.

#### 3. Prioritize Tasks

 Not all tasks are equally important. Focus on what is currently significant, like an upcoming exam or deadline, and leave less critical tasks for later.

#### 4. Prioritize Your Mental Health

• It is easy to feel burnt-out or overwhelmed during this time. Your academic success is linked to your well-being. Get sufficient sleep, regular exercise, and a balanced diet to keep your mind energized and sharp.

#### 5. Seek Help When Needed

• Do not be afraid to reach out. Ask your professors for clarification, join study groups, and take advantage of resources like tutoring.

#### 6. Reward Yourself

• Studying for a long time can be tiring; make sure to set small milestones and reward yourself with a short break or favorite activity.











#### Adapted from Various Sources Boise State | The College Tour | CMASAS



# Faculty Advisor Spotlight: Dr. Kayla Murray

#### Associate Professor- Mathematics

# Your Philosophy on Faculty Advising for Student Success

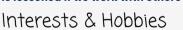
My priority when it comes to advising is listening to students. At the end of the day, their journey at UAFS is ultimately theirs to experience and I hope that students feel in control of their path. I am here to listen to their goals and desires. After that, I provide students advice and information to help them navigate their options. I think of myself as a tool or resource to help facilitate student success. I strive to engage in conversations with students from a more holistic approach. In addition to discussing courses to enroll in for the next semester, I talk to them about how their current courses are going and we discuss their current interests and future goals. As a UAFS alumni, I can share my own experiences in our own coursework.

#### Your Passion for Advising Students

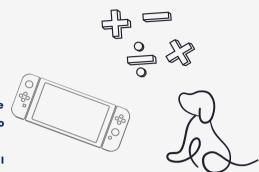
As a first-generation student, I know the difficulties of navigating unfamiliar and challenging territory. It is important to have a support network and have allies that can advocate for you. There are many people who have served in this capacity for myself, and I strive to help our students in the same ways as others have for me. When navigating academic life, students experience challenges and difficulties that can lead to isolating feelings. In my conversations with students, I share my own struggles and difficulties to show that everyone faces certain difficulties at some part of their academic career. I believe what matters is how you respond to the challenges and what you learn in the process of overcoming those challenges.

#### Your Advice for Students

One of the greatest pieces of advice I got from my advisor in graduate school was that you should always be looking ahead to where you want to go. You need to focus on what steps you can take now to prepare yourself for the next step. You should be looking for what can help you distinguish yourself from others. Students have a lot of resources at their disposal that are not always utilized. One of the most underutilized resources is their professors and classmates. Don't be intimidated by your professors. We want to help students be successful. Your classmates are often extremely helpful. A big lesson I learned in graduate school is that we all struggle through learning new material and concepts, but that struggle is lessened if we work with others in the learning process.



I love to play cozy games on my Nintendo Switch, like Disney Dreamlight Valley and Animal Crossing. Another hobby I enjoy is diamond painting, which I started doing during the pandemic. I enjoy weekends with my three dogs: Penny, Lilly, and Nala.









## **UPCOMING DATES**

Last Day to Drop a Second 8-Week Course with a "W"	. April 18
Last Day of Spring Classes	May 2
Final Exam Week	May 3-9
Commencement	<b>May 10</b>
Spring Grades Available	. May 15
Summer Waitlist Ends	May 27

## **LET'S STAY IN TOUCH!**







PLEASE CONTACT US:

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