

CASAC MONTHLY

College of Arts and Sciences Advising Center Newsletter

"Advising: Our Passion. Your Success: Our Reward."



January 2025

Volume 4 | Issue 4

Lions,

Welcome back! We hope you are settling into your classes well and find yourselves progressing towards the goals you've set for yourself! In this edition of CASAC monthly, we cover your transition to Workday, completing your graduation application, best ways to utilize your academic advisor, and more. Please know that the CASAC staff are always happy to be a resource for you. Stop by and see us anytime in Vines 119. We are always happy to see you.

-Your Friends in CASAC!

In This Issue of CASAC Monthly:

Change on the Horizon.....	Page 1
Get Ready, Get Set, Get Graduated!.....	Page 1
Making An Impact: CAS Advising Assistants.....	Page 2
Empowering Your College Experience.....	Page 2
Faculty Advisor Spotlight: Dr. Erik Carlson.....	Page 3
Important Dates.....	Page 3
Let's Stay in Touch.....	Page 3

Change on the Horizon

Beginning in February, students will get access to UAFS's new student information system: Workday. Workday will replace UAFS's current system, Banner Self-Service. As a student, you will use Workday to view course schedules, view grades, track your academic progress, review financial aid, manage your student account, and pay tuition and fees.

SAY HELLO TO
Workday Student



In the coming weeks and months, you'll receive more information about what to expect from Workday. You'll continue to schedule your advising appointments through Navigate; how we complete some tasks might change, but UAFS student services remain the same at its core. We are committed to you and your success and we'll be here to support you through this change, every step of the way!

Get Ready, Get Set, Get Graduated!

During the month of February, the CAS Advising Center will be sending out information to fall 2025 graduating seniors. Keep an eye on your email for more information and schedule an appointment with your advisor. Check out the information below on what to expect in this appointment and how to best prepare:

Review Your Degree Plan

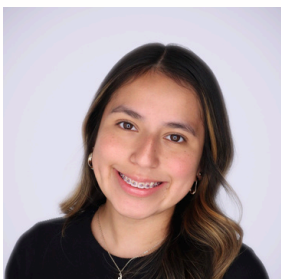
During this appointment, you will review a completed copy of your degree plan with your advisor to ensure all requirements are met.

Plan for Remaining Courses (If Any)

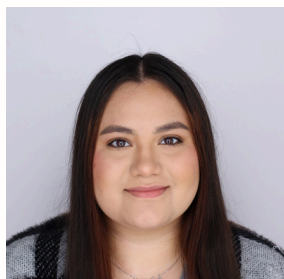
For any uncompleted courses/requirements that remain on your degree plan, you will work with your academic advisor to determine when they should be taken. This appointment does NOT take the place of your fall 2025 advising appointment.

Submit Your Graduation Application

After reviewing your degree plan and remaining requirements, you and your advisor will submit your graduation application to the Registrar's Office!



Brenci



Kylah



Mayeli



Johan

Making an Impact: CAS Advising Assistants

If you've visited the CAS Advising Center in the past four years, you've likely been assisted by a student employee, known as an Advising Assistant. These part-time staff members in the CAS Advising Center are an integral part of our team. When you arrive in CASAC, you can expect a warm, friendly greeting from our Advising Assistants (Brenci, Kylah, Mayeli, and Johan)- you will not miss their their professional demeanor as they seek to help you with your advising queries. The CAS Advising Assistants are not only great employees but wonderful students as well. Brenci is a senior Dental Hygiene major, Kylah a senior Biology major, Mayeli a senior nursing major, and Johan a freshman Criminal Justice major. We are so thankful they chose to work with us in the CAS Advising Center! Make sure to stop by to say hello to our amazing Advising Assistants!

Empowering Your College Experience - How to Get the Most From Your Academic Advisor

Our academic advisors can help you make progress towards your academic and career goals. They can provide information, referrals, support, and a psychologically safe space for students to share their needs concerns and achievements.

To make the most of your academic advisor, you can:

1. Build a Relationship

- Meet with your advisor early in your college career and get to know them.

2. Be Open-Minded

- Consider new ideas and perspectives that your advisor suggests.

3. Ask Questions

- Ask for clarification on requirements, policies, and procedures.

4. Be Proactive

- Let your advisor know about academic difficulties, social challenges, or changes in your plans.

5. Follow Through

- Take action on suggestions and referrals from your advisor.

6. Take Responsibility

- Be accountable for your academic decisions.

7. Be Prepared

- Come to your advising appointments with ideas and questions.



OPEN
MIND



RESPONSIBILITY

What Can Your Academic Advisor Help With?

1. Create A Plan

- Work with your advisor to create a plan for your academic journey.

2. Identify Resources

- Find out about university resources that can help you succeed.

3. Clarify Requirements

- Understand what courses are required for your program.

4. Prepare for Classes

- Learn about the rigor of classes and how to prepare for them.

5. Explore Career Paths

- Get insights into your future career path.

6. Connect With Opportunities

- Learn about opportunities for tutoring, academic coaching, community engagement, or other programs.

Faculty Advisor Spotlight: Dr. Erik Carlson

Professor – English, Rhetoric and Writing and Media Communication

Your Philosophy on Faculty Advising for Student Success

Begin everything by listening. When you want to help people, learn who they are; learn what they want to do; learn what they already know and what they want, and then you can start to see what they might need from you. After you've listened, discuss pathways to their goals.

Explore with them. Look for bumps in the road and strategize. Sometimes this leads to conversations about professional vision, time management, or where to get financial advice.

That's good: making a schedule is trivial, but worthwhile mentoring is hard for students to find.



Your Passion for Advising Students

I had wonderful mentors as a student, and now I find them among my friends and colleagues. As a college student, I was a terrible advisee: I chose my classes and then roamed the halls with a schedule form in one hand and a change-of-advisor form in the other to get my classes approved on my way to the registrar. This is not the path of wisdom. However, I got to know a lot of professors and I learned to seek their advice, which is really what saw me through college in the end. In graduate school and my professional life, mentors have been even more important, and I hope I'm growing into the ability to mentor as well. Spending time helping students see their open pathways more clearly is one of the most meaningful things I do, and probably my favorite part of my job.



Your Advice for Students

You can make a living doing anything if you are good enough at it. Have a backup plan, but look for work you enjoy and believe in.

Take risks. Be ready to change your mind (thoughtfully).

Ignore hype. Act on your values. Don't panic. Speak truth to power.

The main thing is keeping the main thing the main thing: What are you living for?

As soon as you get your first professional job, talk to a financial advisor at your bank and make a plan.

Learn basic skills: they ground you in a realistic sense of ability, and they come in handy.

Cooking, music, weaving, bushcraft, whatever it may be, grow your ability to do things.



Interests & Hobbies

I love learning. I still read dictionaries for fun, and going on a Wikipedia bender is a beautiful way to relax. I've started learning guitar, which is fascinating; I enjoy singing, woodworking, metalworking, car repair, tinkering, the outdoors, and supporting Scouting activities.

UPCOMING DATES

Last Day to Drop First 8-Week Course w/ 'W'.....	February 21
Advising Campaigns Sent to Students.....	February 24
Fall 2025 Schedule Available in Workday	March 3
Second 8-week classes begin	March 6
Last Day to Drop a Second 8-Week Course w/ 'W'.....	March 10
Midterm Grades Available.....	March 12

LET'S STAY IN TOUCH!



@uafsCASadvise



PLEASE CONTACT US:

479.788.7677

CASadvise@uafs.edu

Vines 119